

PLATEAU GOBBLER GALLOP

Saturday, November 29, 2008

Part of 30th Annual Tennessee State Park Running Tour

CUMBERLAND MOUNTAIN STATE PARK, Crossville TN. Park info 931-484-6138.

Directions: From Nashville, take I-40 East to the Crossville exit 317. Go 9 miles through Crossville on Hwy 127. Turn right and follow Hwy 419 into the park. Turn left before the bridge to the Lodge.

Start and Finish: at the Swimming Pool Lodge. The 11K (6.8 mi) start at 11:00 AM CST.

Course: starts at parking area to turn right on Hwy 419 up to the right on Hwy 127. Turn right on Old Mail Rd, then right on Coon Hollow Ln. Turn right across the field to connect with Park Rd. Cross the dam and turn right to the finish at the lodge. Every mile is marked.

Long Sleeve T-shirt: guaranteed to all pre-registered runners.

Awards: Five-year age groups with 3 awards in each category from under 20 to 65+. Special awards to overall male and female winners.

Pre-registration Deadline: November 22, 2008. Race day registration from 9:30 to 10:45 a.m.

Race Director: Tony Cox, Frostbite Running Club (615-773-8785). Email: Tcox@tntech.edu.

Entry Fee: \$18.00 payable to Gobbler Gallop or \$5.00 without shirt. (Late fee, including race day, without T-shirt \$12.00)

Mail registration to: **Gobbler Gallop**
4000 Old Lebanon Dirt Rd
Mt Juliet, TN 37122

[Link to Registration Forms](#)